



**COLORADO**  
Department of Education

## And...Now what do I do with Equity?

**WHO:** Health and physical education teachers, administrators, district health, physical education, and wellness coordinators.

**WHAT:** Webinar with Martha James

**WHEN:** Wednesday, April 13, 4:00-5:30

**REGISTRATION:** <https://forms.gle/vFhVrj2jUgE4xFN59>

The Colorado Department of Education and the SHAPE Colorado are excited to provide this webinar opportunity with Martha James a national leader equity in health and physical education.

### Webinar Description:

So, you have been engaging in work to understand what educational equity is and why it matters. And, now what? If you are asking yourself, "What can I do in my health or physical education classrooms to be a part of the solution," then this professional learning opportunity is for you. In this conversation, we will unpack key components to cultural fluency and explore practical strategies to create high-quality, inclusive learning experiences to increase engagement and success for you and your students.

### Objectives:

Participants will:

- o Identify best practices in teaching and learning in health and PE as they relate to educational equity and positive classroom environments
- o Reflect on the role and power of language in health and physical education
- o Explore the intersections between educational initiatives such as equity, restorative practices, mindfulness, and student voice

### Presenter Bio:

Martha is a consultant, researcher, teacher, and leader with nearly 30 years of experience in urban public education. Martha is the CEO and chief strategist for Encore Educational Consulting, an equity-focused consulting firm. Dr. James also serves as an Associate Professor in the School of Education and Urban Studies at Morgan State University. Her research agenda focuses on cultural fluency, interdisciplinary teaching, and best practices in professional development. Martha's most recent publications, "HQPE: Exploring the role of physical education in facing America's educational debt" (2021) and "It is a Movement, Not a Moment: Utilizing Hope Theory to Situate Kinesiology in the Path for Social Justice" (2021) explore how access to high-quality physical education and recreation are essential in addressing historical exclusion and contemporary marginalization and are, in and of themselves, acts of antiracism.

### For more information contact:

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