



Professional Development Opportunity

"ADAPTED PHYSICAL EDUCATION GOAL WRITING AND BEYOND"

Date: April 30, 2021

Time:

9:00 am – 10:30am

Presenters:

Emily Clowser and Liz Metz



Born and raised in Frederick County Maryland, Emily & Liz have traversed and conquered their education side by side. They have supported each other from middle to high school, undergraduate to graduate school and most recently while successfully earning their CAPE certification in 2020. Emily & Liz once heard “if work isn’t fun, you’re not playing on the right team.” This yin and yang duo are on the right team and within the last four years working together and having fun, they have revamped the FCPS Adapted PE Program. Together, they have introduced a Middle School Inclusive PE & Health program, updated their High School Unified Physical Activity class to include Leadership and have significantly increased the number of Special Olympics’ Unified Champion Schools in FCPS by implementing the Young Athletes Program. Emily & Liz have created numerous Adapted PE professional learning opportunities to support teachers in Frederick County, throughout Maryland and at the National level. In order to support their school-based teachers, who are also direct service providers, Emily and Liz have created many implementation resources such as:

- Grade level PE Skills Inventory
- District Adapted PE Assessment
- Goal writing templates
- Data Collection Tools
- Quarterly Progress & Annual Review Templates

Emily & Liz are both members of SHAPE Maryland, SHAPE America and the Maryland Adapted Physical Education Consortium (MAPEC). They are also active on the national scene both attending and presenting at the National Adapted PE Conference (NAPEC) and hosting monthly National Google Meets. Come out to have some fun and learn something new about writing Adapted PE Goals!

Registration link:

https://www.surveymonkey.com/r/Goal_Writing_April_2021

Certificate:

1.5 hours of Continuing Education

Outcomes:

At the conclusion of this session, attendees will be able to:

- Discuss the importance of writing SMART goals
- Identify each component of a SMART goal
- Review different types of Adapted PE goals (pie, ladder, best of, etc.)
- Address how to use students’ areas of need and curriculum to develop appropriate goals
- Compare and contrast sample goals and discuss the differences between
- Use resources to draft goals on various areas of need

For more information:

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